



Winter Olympics Week

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DIY TABLETOP ICE HOCKEY RINK

WHAT YOU NEED

- 1 aluminum foil container
- Water
- 1 piece of copy paper, large enough to fit the container
- 2 pipe cleaners
- 2 wooden tablespoons
- 1 black button
- Thin red tape
- 1 blue circle sticker (medium)
- 1 blue circle sticker (small)
- Scissors

Note: You can also use water-resistant red and blue marker instead of tape and stickers. Metal or plastic spoons work as well.



How-To:

Step 1

Fold the paper (already cut to fit the container) in half and then again at each end (1 inch). Reopen the folds. Mark the middle and goal lines with the red tape. Fold the paper lengthwise to determine the middle and goal points. Then cut the large blue sticker in half to mark the goals and place the small sticker at the center of the rink.

Step 2

Place the paper in the container and fill with it water until the paper is completely covered, then pour a little bit more to give your ice thickness. If it's cold enough where you live, carefully take the container outside and let it freeze overnight. Otherwise, leave it in the freezer for a few hours.

Step 3

To make the goals, twist each pipe cleaner together to form a square. Fold the squares in half at a 90-degree angle and your goals are ready to shoot on! The wooden spoons are your hockey sticks and the button is your puck. To make the spoons look more like real hockey sticks, cut away half of the top. Practice your skills while you wait for the ice to freeze!

After the match, put your rink back in the freezer so that it will be ready for your next game tomorrow. Game on!

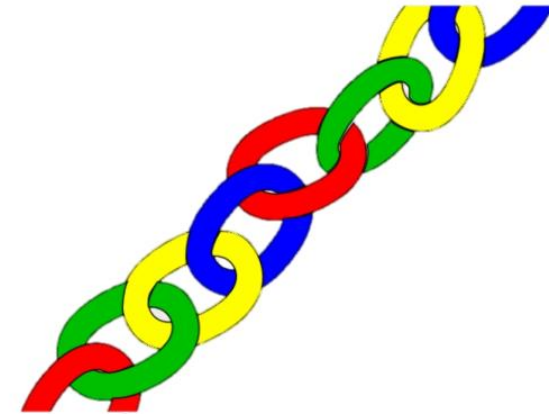
Facts about the Winter Olympics

1. Victor Gustaf Black, who started the Nordic Games, was also responsible for pushing the idea of Winter Olympics to the IOC (International Olympic Committee).
2. It wasn't until 1924 that the Winter Olympics were added to the Summer Olympics (which had been in existence since 1896).
3. The first modern Summer Olympics were held in Athens in 1896.
4. The first Winter Olympics were not named as such until a year after they occurred.
5. The first Winter Olympics were held in Chamonix, France in 1924.
6. 250 athletes coming from 16 nations competed in the 16 events of the first Winter Olympics.
7. They were suspended following the 1936 Olympics until 1948 due to World War II.
8. Only the top three competitors receive a medal. The top eight competitors receive a diploma from the IOC.
9. The Olympic motto 'Citius, Altius, Fortius' means 'Faster, Higher, Stronger' in English. The father of the modern Olympics, Pierre de Coubertin, heard a priest say these words several years prior to proposing the use of the words as the Olympic Games' motto in 1894.
10. The 1968 Winter Olympics were the first to be shown on TV in colour.
11. The 1972 Winter Olympic Games were the first to be held outside of Europe or North America. They were held in Sapporo, Japan.
12. Sochi in Russia is the warmest city to hold the Winter Olympic Games to date.
13. Before the start of the 2014 Games in Sochi, the Olympic torch travelled the longest distance in history to some amazing places, including the North Pole, the bottom of Lake Baikal (the world's deepest lake), the top of Mount Elbrus (Europe's highest mountain), and even into outer space.
14. The movie 'Cool Runnings' is inspired by the true Olympic story of the Jamaican national bobsleigh team who debuted at the 1988 Winter Games in Alberta, Canada, and came into the games as underdogs.



What you will need:

- Colored paper or plain paper you can colour yourself (Blue, green, yellow, blue and black)
- Colouring pens or pencils
- Scissors
- Sticky tape or glue



Make your own Olympic ring paper chain

To make your own Olympic ring paper chain you need to first find some coloured paper or plain paper that you can use to colour yourself, then once you have these you need to gather the rest of your resources together. To begin you need to first create your coloured strips if you have plain paper you might want to first decorate or colour the paper with Olympic ring colours, then use your scissors to cut out strips wide enough to create your rings you want them to be about the width of a ruler. Once you have all of the strips you can then begin your chain, start with one strip and fold it into a ring then use another colour to thread through the ring and continue this process until you have a chain length to your desire.



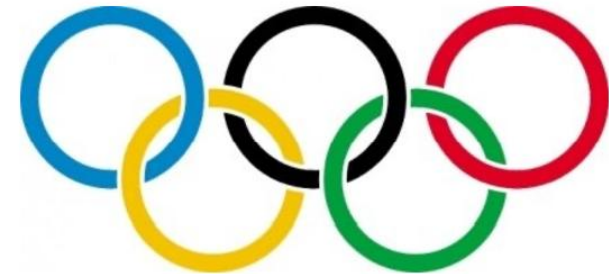
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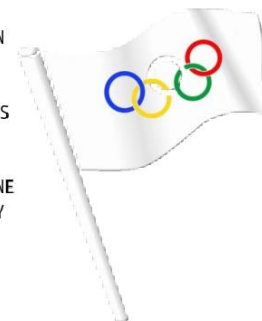


Olympic Word Search

Olympic Word Search

U	F	M	R	E	M	M	U	S	S	D	C	C	W
E	L	E	S	T	T	D	I	A	L	O	E	I	
A	A	S	C	O	R	E	W	R	U	R	U	R	N
T	G	R	O	I	A	O	L	T	V	S	N	E	T
O	S	U	C	S	E	O	S	E	G	I	T	M	E
B	R	O	N	Z	E	T	S	A	T	L	R	O	R
T	S	T	R	O	P	S	C	M	O	V	I	N	P
R	F	I	N	I	S	H	L	I	N	E	E	Y	C
C	H	A	M	P	I	O	N	R	R	R	S	S	L
G	O	L	D	M	Z	I	O	R	L	A	D	E	M
C	H	A	E	L	S	T	A	D	I	U	M	I	E
M	S	C	P	O	D	I	U	M	O	I	T	H	H
C	O	A	C	H	M	M	T	O	R	C	H	I	T
I	R	I	H	U	R	D	L	E	C	O	B	D	M

- STADIUM
- FLAGS
- COACH
- PODIUM
- BRONZE
- SILVER
- CHAMPION
- MEDAL
- SPORTS
- COUNTRIES
- TEAM
- GOLD
- FINISHLINE
- CEREMONY
- HURDLE
- SUMMER
- WINTER
- SCORE
- TORCH



Play this puzzle online at : <https://thewordsearch.com/puzzle/3327943/>



Paper Plate Snowboarder Craft

Gathering the Supplies:

- Paper Plates
- Blue and White Paint
- White Foam Sheets
- Paintbrushes
- Scissors
- Ice Lolly Sticks
- Glue Sticks
- Scissors
- Crayons or Coloured Pencils



How to Make:

Step 1. Draw or print out your Snowboarder.

Step 2. Making the Path - Your children will need to cut out a path for the snowboarder to follow on the paper plate. If you think it will be too hard for them, you could create the path for them. We created our path by slightly folding the plate in half and then cutting a wavy line in the plate.

Step 3. Painting the Plate - Your children can paint the top of the plate blue to represent the sky. That is what we did. If they want to you could have them paint the bottom half of the plate white. You could sprinkle silver glitter in the paint if you want the snow to sparkle, or you could leave the bottom of the plate unpainted.

Step 4. Adding Snow - Your children will need to cut curved strips out of the white foam. They will then glue the foam strips onto the paper plate. They will give the snow a three-dimensional feel.

Step 5. Colouring the Snowboarder - If your children are going to colour the snowboarder, you will need to have a variety of crayons or coloured pencils available. They can decide just what areas of the snowboard and snowboarder they want to colour. When they have finished decorating their snowboarder, they can glue an ice lolly stick to the back of it.

Step 6. Interacting with the Paper Plate - Your children will need to place the ice lolly stick into the slit on the paper plate. Then they can slowly or quickly move the snowboarder up and down the slit in the paper plate.

If they want the snowboarder to lift off the snow, they can lift the ice lolly stick up higher in the slit. It will make it look like he is lifting up into the air.

Medal Craft



For this craft you'll need:

- Ribbon
- Cheerio's (5)
- Card

Cut out a circular shape with a hole at the top for your ribbon. Glue on your 5 Cheerio's like the design above and ta-da your own Olympic medal

Snowboard Pipe cleaner craft



For this craft you will need:

- Lollipop Stick
- Pipe cleaners
- Coloured pens
- Glue

For this craft you will start off by decorating your lollipop stick to look like a snowboard.

Then take your pipe cleaners and shape them into a stick figure.

Follow this by gluing the stickman to the lollipop stick.