

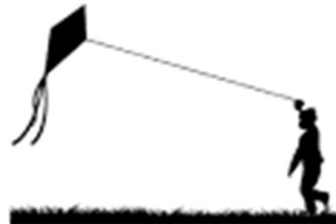


Knights and Dragons Week

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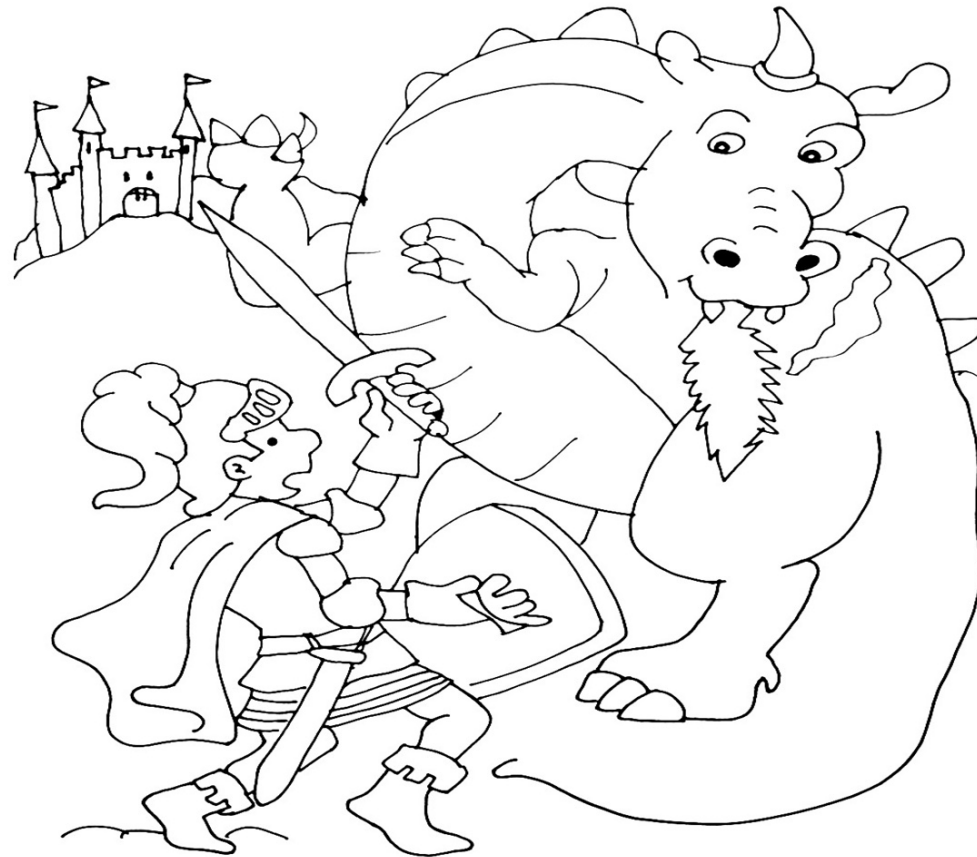
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Go play Sandwell

- Oldbury
- Rowley Regis
- Smethwick
- Tipton
- Wednesbury
- West Bromwich



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A dragon has: none to four legs, claws, scales and possibly spikes. Optional wings.

A dragon can look like a snake with wings, or like lizards.

Dragon Facts

A dragon has a tail and a long neck.



A dragon has a wide mouth with big and dangerous teeth.

A dragon can fly.

A dragon can perhaps breathe fire (or other dangerous substances).

A dragon has special powers.

Sometimes they have horns and hair.

Some dragons live in caves.

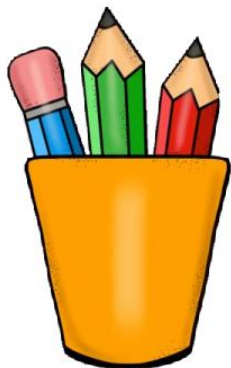
What you will need:

- Toilet roll tube
- Paper (coloured paper if you have it, or plain and you can colour it yourself)
- Scissors
- Paint and paint brush
- Glue or sticky tape
- Colouring pens or pencils



Dragon toilet roll tube pencil holder

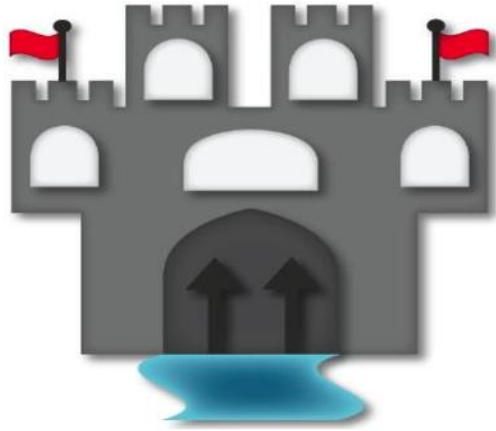
To start with you want to draw all your dragon bits you will need, for example you will need to draw out a dragon face its arms and legs and its tail and then cut them out. Next either paint or use some green paper to wrap around your toilet roll tube (you can make your dragon any colour you like), then you can add your face tail legs and arms to your toilet roll tube make sure it is dry before doing this. Now draw around the bottom of your toilet roll tube and cut the circle out, then stick it to the bottom using some glue or sticky tape the circle is there to stop your pens from falling out of the bottom. Next, we are going to make the wings for the dragon, to do this you want a piece of paper and cut it in half lengthways (you can use a whole sheet of paper if you want larger wings) then start to fold your paper back and forth to create a fan. Finally use some tape to attach the wings on your dragon and its ready to hold your pens and pencils



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Giant Cardboard Box Castle Craft



Supplies:

3 Large moving boxes ~ available at shops or stores

Duct tape

Paint (assorted colours) / Paintbrushes / Sponges~ We picked grey, but a castle can be any colour!

Box cutter or strong scissors (adult to supervise / help with any cutting)

Optional: markers to draw stones and/or vines

Instructions:

Be sure to remember which box is for which part of your castle, so you can easily remember what you need to do to it. Remember the 3 boxes are the: base of the tower, tower, and drawbridge.

Step 1: Cut one side from the base of the tower box and the drawbridge box. This will make one giant "bottom floor" of the castle. If you keep the flaps you can tape them together, so they do not pull apart during playtime.

Step 2: Cut a side from the drawbridge box. Your child should be able to crawl through the drawbridge and into the bottom of the tower, then stand up. (*The drawbridge box will have 2 sides cut from it.*)

Step 3: Cut the parapet into the tower box and the drawbridge box lids. (Do not cut any sides off the tower box. We just kept the bottom open and placed it on top of the other box in order to move it around easily.)

Step 4: Cut a window into the tower.

Step 5: Duct tape the parapet inside corners of the boxes.

Step 6: Paint your boxes (Outside only). Decorate the inside of the castle with markers.

Step 7: Assemble the tower. Be sure the window faces the same side as the drawbridge.

Optional:

- Add 2 more boxes for another tower on the opposite end.
- Punch 2 holes into the top of the drawbridge and 2 holes into the box itself. Weave yarn through the holes, knot ends, and pull for a real moving drawbridge.



Recourses

- Card
- Glue
- Scissors
- Felts

First draw a shield shape onto your cardboard , then draw a sword shape and cut them both out . You can then have fun designing your sword and shield however you wish . Enjoy making your sword and shield ,send us a photo of your designs .

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Castle and Knights Quiz – How many can you answer correctly?

Q1. What was a teenage boy who was training to be a knight called?

- a) a foot soldier b) a constable
c) a squire d) a page

Q2. Which of these materials was not used to make clothes in medieval times?

- a) Linen b) Nylon c) Wool d) Silk

Q3. What was a motte and bailey?

- a) another name for the moat around a castle
b) a pair of famous medieval detectives who solved crimes
c) a type of early wooden castle
d) a way of building using wood, dung, straw and clay

Q4. How heavy was a full suit of plate armour?

- a) as heavy as a 7-year-old child
b) as heavy as a new-born baby
c) as heavy as a 12-year-old child
d) as heavy as a grown man

Q5. Which of these would you NOT have seen on the walls of a great hall in the Middle Ages?

- a) Flat-Screen TV's b) Tapestries
c) Carpets d) a Coat of Arms

Q6. What weapon did Knights use in a jousting contest?

- a) Pollaxe b) Sword c) Lance d) Mace

Q7. How many arrows could an archer shoot in a minute using a longbow?

- a) 2 b) 120 c) 21 d) 12

Q8. How did someone become a Knight during the Middle Ages?

- a) saving a princess
b) by training with another Knight for many years
c) slaying a dragon d) All of these



Answers:

Q1. (c) a squire Q2. (b) Nylon Q3. (c) a type of early wooden castle
Q4. (a) as heavy as a 7-year-old child Q5. (a) Flat-Screen TV's Q6. (c) Lance
Q7. (d) 12 Q8. (d) All of these

Knights and Dragon – Games and Activities

Dragon Wing Relay Race

Cut the shapes of two pairs of dragon wings out of cardboard. Divide players into two teams and give each team a set of wings. Racers must hold their wings on their backs (or over their heads) and pretend to “fly” to the finish line and then back to their teams, where they hand the wings off to the next player in line. The relay race continues until all players have taken a turn at flying.

Catch the Dragon’s Tail

Have players form a single line, with each player’s hands on the waist of the person in front of them. The front of the line is the head of the dragon, and the back is the tail. The idea is for the person at the front of the line to tag the last person in line, therefore catching “the tail.” Players must not let go of the players ahead of them during the chase.

Dragon Egg Hunt

Hide plastic Easter eggs around the house or garden and send kids on a hunt for these “dragon’s eggs.” You can also fill the eggs with small prizes for players to keep.

Put out the Dragon’s Fire

To play this game, draw a dragon’s head on a piece of poster board, and cut out the mouth. Paint a few empty water bottles or cans with bright orange paint. You can also tape some orange paper, cut into the shape of flames, onto the fronts of the bottles. Prop the dragon’s head up on a table and place the flame-bottles in the mouth (you may have to stand them on a shoe box or something to prop them up high enough).

Have kids stand a few feet away and try to extinguish the dragon’s breath by tossing water balloons at the flames. Score one point each time a bottle is knocked off the table. Award prizes according to the number of points scored.

May be best to play this game outdoors in your garden.

Knights and Dragon – Games and Activities

Dragon's Lair Tag

To play this game, pick one player to be the dragon. The rest of the players can be the villagers, or they can be knights and princesses. Mark off a box in the play space and call it the dragon's lair. Give the dragon a can of silly string. The dragon must try and breathe fire on the villagers by spraying them with the silly string. If a player is tagged with silly string by the dragon, they must sit in the dragon's lair and wait to be rescued (tagged) by one of the other players. If the dragon manages to get three players in the lair at the same time, they become a villager and one of the captured players must become the dragon.

Hold Your Tail

To play this game, each player will need a dragon's tail. For this, you can tie a ribbon around each child's waist and then tuck a sock or long piece of material into the ribbon. Set a timer and have them run around the play area. The object is for each player to steal as many tails as possible while at the same time protecting their own. If a tail is swiped, it may be replaced with one swiped from another player. When time is up, any players without a tail are out. The remaining players will count their tails and the one with the most is the crowned the dragon king or queen.

Rescue the Princess

To play this game, you will need one player to be the princess, one to be the dragon, and the rest to be the knights. Stake two flags in the ground so that they are several feet apart from one another. This is the entrance to the tower. The princess must stand a few feet behind the tower's entrance while the dragon stands in front of it. The dragon's job is to prevent the knights from entering the tower to rescue the princess.

Arm the dragon with a long-range water gun or a bucket of orange water balloons. One at a time, the knights must try to pass the dragon and reach the princess. The dragon tries to "breathe fire" on them as they pass. If the dragon hits a knight with the water, the knight must retreat. If a knight makes it through without being "fired" upon, they rescue the princess, and a new player becomes the dragon.

Best to play this game outdoors in your Garden.

Stick Dragon Races

Use dragon heads instead of horses to adapt this hobby horse craft and make your own stick dragons. Have kids decorate them, name them and then "ride" them through an obstacle course or traditional garden relay race.

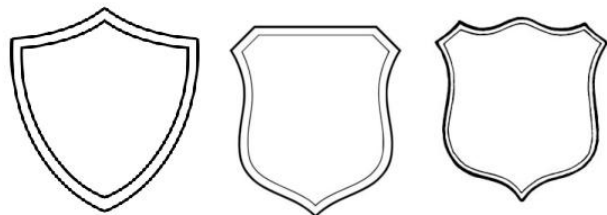
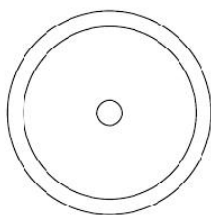
What you will need:

- Cereal boxes or any spare cardboard you may have
- Scissors
- Glue/ sticky tape
- Colouring pens or paint
- Decorations



Make your own shield

To get started you need to first decide the shape of your shield, in the bottom left there are some examples of some shield shapes or you could just create your own. Once you have decided the shape draw it onto your card, and start designing your shield (what type of design will you create will you put the name of your kingdom on there or just decorate with everything you like?) Now you have finished decorating/designing you can cut your shield out. On some spare card you need to draw a large rectangle and cut it out, then add a small strip of glue to each end and stick this to the back of your shield, this will create an arm band for you to use and hold up your shield. Add any final touches or decorations to your shield and it is ready for you to use.



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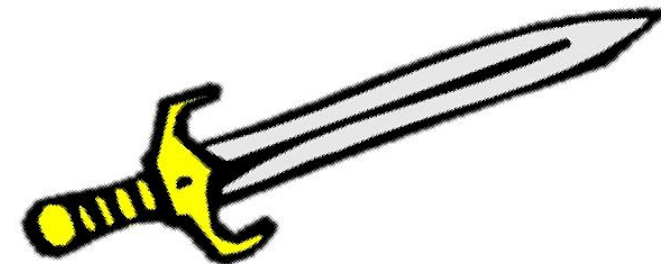


What you will need:

- Cereal Box or cardboard if you have any spare
- Scissors
- Glue
- Decoration such as tin foil to make your sword shiny or any other types of decoration you would like to add



Make your own sword



To start with you want to draw your sword shape onto your cardboard, if you have enough cardboard spare you can draw another one to double up your sword and make it stronger. Once you have drawn out your shape of the sword you want to cut it out using some scissors, if you have drawn 2 swords cut them both out and stick them back-to-back to make a stronger sword. Once you have cut out your sword its time to move onto decorating it. You could use some tin foil to make your sword shiny, or use some paint and decorate it that way, grab some pens and draw on your sword, or even make a charm to hang on the bottom of your sword. Once you are done it is ready for you to use.



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Paper Dragon Craft

Resources:

- Paper
- Scissors
- Glue
- Colours

Instructions:

- Start of by drawing a circle on your piece of paper and very carefully cutting it out.
- Fold your circle in half, this will make the dragons base.
- Draw the dragon's wings, tail and head on your piece of paper and carefully cut out.
- To finish, stick the wings, tail and head to the dragon's body and decorate.
- (Ask an adult to help with cutting)



Paper Tube Castle Craft

Resources:

- Paper
- Scissors
- Glue
- Colours

Instructions:

- Start of by cutting and rolling your paper into tubes.
- When you've done this, cut a strip of paper to act as the base of the castle. This will connect the 2 tubes.
- To finish, stick the base and tubes together and then decorate.
- (Ask an adult to help cut paper)



What you will need:

- Toilet roll tube
- Paper
- Tissue paper
- Scissors
- Glue or sticky tape
- Colouring pens or pencils



Toilet roll tube fire breathing dragon



First, we need to create the dragon so you need to use some paper and wrap it around your toilet roll tube to cover it (it can be coloured paper if you have it or you could just use some plain paper and colour it in). Use some glue to stick it around your toilet roll tube and then decorate it with the dragon's facial features such as its eyes. Once you have done this you can then use some orange, red and yellow tissue paper to cut out long wiggly strips to create the fire, cut out a couple for each colour. Then stick them on the inside edge of your toilet roll tube (make sure it is the end which has your dragon's mouth). Finally, add any finishing touches you would like with some colouring pens or pencils and you are done, you can blow through the end of your dragon to make the fire move.



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Dragon Wordsearch

X	B	R	Z	C	W	J	I	K	V	A	L	O	O	J	W	R
A	W	Z	J	Y	P	M	G	E	Q	C	O	C	L	A	W	C
H	T	C	A	V	E	S	Y	Q	I	O	Z	Z	Q	A	K	F
B	B	T	P	X	V	X	B	X	J	D	R	F	M	K	P	M
Q	U	G	Q	K	N	I	G	H	T	R	T	Y	F	U	H	M
O	D	D	N	Q	V	S	W	Y	A	A	X	D	D	O	C	O
T	U	M	Z	A	M	U	P	C	T	G	Y	X	M	O	X	N
Z	S	F	U	C	G	G	W	S	M	O	K	E	R	R	C	S
G	A	L	N	H	N	W	K	K	B	N	L	W	J	U	N	T
H	C	Y	G	W	M	Q	B	L	E	P	Y	M	F	E	U	E
W	W	I	N	G	E	D	M	I	T	O	U	F	S	E	B	R
O	K	N	V	G	W	W	M	E	R	V	Z	H	P	G	J	H
S	B	G	A	X	F	V	A	X	E	E	B	O	A	U	D	Y
R	Q	B	T	F	U	S	N	S	A	Y	L	F	R	R	R	E
Z	Y	A	M	O	B	C	U	D	S	K	E	W	K	D	A	F
T	U	T	C	D	T	A	I	L	U	C	M	J	S	U	T	N
W	D	J	Q	X	T	L	I	P	R	K	V	T	H	L	I	Z
D	E	A	N	P	B	E	F	H	E	K	S	O	S	V	G	B
O	M	W	I	L	J	P	B	T	L	E	G	E	N	D	N	U
A	B	S	F	M	A	T	N	S	K	A	U	X	X	L	X	Y
P	A	D	L	R	I	Z	N	P	T	Q	Z	Y	S	Y	T	E
H	M	Y	T	H	Y	H	G	G	O	M	D	O	B	S	J	N



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|--------|--------|----------|
| FLYING | SMOKE | MYTH |
| LEGEND | CAVE | MONSTER |
| DRAGON | WINGED | JAWS |
| CLAW | TAIL | KNIGHT |
| SCALE | SPARKS | TREASURE |

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